# Warlingham Village Primary School Safeguarding Newsletter Autumn 2 2024



#### Welcome to our first safeguarding newsletter!

This newsletter is designed to supporting you as parents and carers in deepening your understanding of topical safeguarding issues that may affect your child, yourselves or members of your local community.

Safeguarding children is the action we take to promote the welfare of children and protect them from harm. Safeguarding is everyone's responsibility. Every single person who comes into contact with children and families has a role to play.

### **Hot Topic: County Lines**

County Lines is when gangs and organised crime groups exploit children to transport and sell drugs, normally between big cities where the exploiters are based to smaller towns. The children have dedicated mobile phone 'lines' for taking orders for drugs. Children are used as they are less likely to be stopped by police, allowing adult dealers to avoid the risk of arrest.

County lines is a form of criminal exploitation; this occurs where a person or a group of people takes advantage of their contact with and influence over a young person to coerce or manipulate them into carrying out criminal acts. Children as young as 6 have been known to be targeted by gangs for this purpose. Young people may be recruited for county lines by a process of grooming. The exploiter may befriend the young person and gain their trust. They may be recruited through social media or through their peer group.

#### Indicators could include:

Unexplained money, clothes or gifts Frequent unexplained phone calls

New friendship circle Not attending school

Not attending school Carrying weapons

For more information: <a href="https://learning.nspcc.org.uk/child-abuse-and-neglect/county-lines">https://learning.nspcc.org.uk/child-abuse-and-neglect/county-lines</a>

## **The Safeguarding Team**



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## Online Safety Tips for Children

Wow, it's September already! The month when autumn officially starts and ... oh yeah, the beginning of a new school year. Every cloud has a silver lining though! Another term means new friends to make, different stuff to learn, fresh online trends to jump on and exciting new games to play on your phone, computer or console. We've compiled a list of our top tips to ensure that - whether you're going online to chat, research things or just have fun - you can do it safely.

#### Be cautious with your profile

Be careful not to give out too much info on your social media or gaming profiles. Details like your full name, address or school's name could all help strongers to actually find you offline. A trusted adult can help you make your profiles private – so only your family and actual friends can contact you.

#### Lock your devices

Taking your phone or tablet to school? Turn password protection on. It keeps your private into safe and stops anyone accassing your device without permission. Passwords should be memorable to you – but difficult for anyone else to guess. Get a trusted adult to write it down in case you forget it!

#### Be smart with screen time

Too much screen time, especially just before bed, can affect your quality of sleep. Losing sleep, or not sleeping well enough, messes with your concentration and energy levels. Try muting notifications so you don't get pinged late at night: you'll feel fresher and more focused the next day.

#### Know how to deal with builtes

Sadly there are people online who enjoy picking on other users. If you ever feel like you're being bullied online – by anyone, not just someone from school – talk to a trusted adult about it. Together, you can discuss possible steps, such as blocking or reporting the person who's targeting you.

#### Manage online relationships wisely

Most people in a relationship chat to their partner online. Just be mindful that once you send a pic or message (even if it's private), you no longer control who else might see it.

Messaging someone you've never actually met – and who might not be who they say – is definitely best avoided.

#### React well to inappropriate content

When you're researching something online, there's always a chance of finding content that makes you feel uncomfortable or upset. If this happens, you can report it as inappropriate and (hopefully) get it taken down. Tell a trusted adult what happened: they'll help you decide what to do next.

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#### Report offensive in-game chat

if you game online with your mates, you'll know things can get competitive and heated on the in-game chat. Playing against people you don't know (especially if they're older) raises the risk of offensive comments and even threats. Our advice? Find out how to block or mute those bad losers.

#### Learn to spot take news

If you're looking into a topic for homework or a project, be careful not to get taken in by fake news: content that's deliberately created to mislead people. Check the story with credible sources, like the BBC or Sky News. Trust your instincts, too – If it seems too unbelievable to be true, it's probably fake. ACRS

#### Keep it 'real' with online friends

Everyone enjoys adding friends and followers on social media. It's important, though, that the people you interact with online really are your friends. If they're just random people you've connected with to increase your contacts, you don't know if they could be trolls or bullies (or worse).





National Online Safety\*



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